

Anubhav Industrial Resources Limited

Regd. Office: SCO 2 Madhya Marg, Sector 26, Chandigarh-160019

CIN: L17117CH1985PLC023819; Ph. No. +91 022-66970244/45

Website: www.anubhavindustrialresources.com; Email id: anubhavindustrial@gmail.com

Date: February 06, 2016

To,

METROPOLITAN STOCK EXCHANGE OF INDIA LTD.

(Formerly known as MCX Stock Exchange Limited)

Vibgyor Towers, 4th floor,

Bandra Kurla Complex,

Bandra (E), Mumbai – 400 098.

Subject: Advance intimation of the Board Meeting pursuant to Regulation 29 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

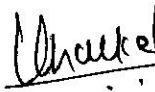
Dear Sir/Ma'am,

This is to inform you that pursuant to Regulation 33 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, a meeting of the Board of Directors bearing serial no. 4, of **M/s. ANUBHAV INDUSTRIAL RESOURCES LIMITED** will be held on Saturday, February 13, 2016 at 12:00 P.M. at Office No.4, Prathmesh Leela, New Link Road, Borivali (West), Mumbai - 400092, Maharashtra, India, inter-alia, to consider the **Un-Audited Financial Results** of the Company for the quarter ended on December 31, 2015.

Trading Window shall remain closed for dealing in shares of the Company from February 08, 2016 to February 16, 2016 (both days inclusive) for all the designated persons defined in the Code inter alia for the purpose of taking on record the Un-audited Financial Results for the quarter ended December 31, 2015, in terms of the provision of Securities & Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 and Code of Conduct for prevention of Insider Trading adopted by the Company.

You are requested to take the information on your records.

For ANUBHAV INDUSTRIAL RESOURCES LIMITED




VIDYA MAHESH CHALKE

MANAGING DIRECTOR

DIN: 02903650

Corporate Office: Office No.4, Prathamesh Leela, New Link Road, Borivali (West) Mumbai-400092

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